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| **Name of activity/ event/ location** | **Cyclist, Mountain biking** | **Date of risk assessment** | **17 September 2020** | **Name of who undertook this risk assessment** | **Dan Vaccaro** |
| **Date of next review** | **17 September 2021** |

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| **Hazard Identified? /**  **Risks from it?** | **Who is at risk?** | **How are the risks already controlled?**  **What extra controls are needed?** | **What has changed that needs to be thought about and controlled?** |
| ***Hazard*** *– something that may cause harm or damage.*  ***Risk*** *– the chance of it happening.* | *Young people,*  *Leaders,*  *Visitors?* | ***Controls*** *– Ways of making the activity safer by removing or reducing the risk from it.*  *For example - you might use a different piece of equipment or you might change the way the activity is carried out.* | *Keep* ***checking*** *throughout the activity in case you need to change it…or even* ***stop*** *it! This is a great place to add comments which will be used as part of the review.* |
| Example:  Hazard – fire  Risk – smoke inhalation / burns | Leaders, Vistors, Young Leaders, Scouts | Smoke- Use of dry wood, check wind direction, Stand people out of smoke direction.  Burns- Safe distance from fire, extra wood place on cafefully, teach Scouts good practice around fires, burns/first aid kit easily avaible. |  |
| **1.Injury due to bike handling** | **Cubs, Leaders** | **Intensity of activity to be progressive to allow cubs to warm up, IOT to prevent injury.**  Route can be decreased depending on the ability of the group.  Bike handling skills are to be assessed throughout the lesson.  Bike routes have been catered for to ensure they are within everyones capability.  All participants must wear a cycling helmet. No Helmet No activity.  During low daylight periods all bikes should have suitable lighting and riders wearing fluorescent clothing.  Leaders should cycle before and behind cubs to ensure they are guided and do not fall behind.  All cyclists should carry a bottle of water.  This risk assessment has been developed for Non public roads, authorised cycling only areas. |  |
| **Weather** | **Cubs and leaders** | **Weather will be checked prior to the session starting**  **Cubs and leaders will wear suitable wet weather clothing** | **Cubs and leaders will be informed through oSM that they require to bring waterproof clothing** |
| **Transmission risk of Covid 19** | **Leaders and cubs** | **All taking part will be asked about their exposure to COVID 19, and recorded through the Track and trace form.**  Leaders and adult helpers will maintain a two metre distance at all time .  The pack will give way to the public to ensure that there is a clear 2 metre distance.  Bicycles and equipment should not be shared | **Leaders will carry the Covid RA with register** |
| **Injury due to physical activity** | **Cubs and leaders** | **Group leader will carry a first aid bag for minor injuries.**  Leaders will administer First aid when necessary with personal protective equipment on.(Gloves and masks)  Leaders will inform parents of any injuries sustained.  For all major injuries the cub leader will dial 999 for assistance and will contact the parents.  The cub leader will carry a list of Next of kin details.  The GSL will be made aware of any major injuries and the accident book completed . | **Leaders will carry mobile phones to call for assistance.**  Leaders will carry a Covid First aid kit |
| **Mechanical issues** | **Cubs and leaders** | **Prior to arriving parents will be asked to ensure the bikes are in safe working order.**  Prior to fixing any mechanical problem the cub will stand 2 metres from their bilke to allow the leader to fix it. The bike will be disinfectively cleaned prior, and gloves must be worn. | All bikes will be M checked prior to leaving for the ride  The leader will carry a basic tool kit and gloves |
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